



Forward Foundation Partnership Proposal

June 2021



Moving forward, faster.

It is people that advance social forward movement, and our focus is firmly placed on supporting people to accelerating their personal, financial and community growth.

OUR VISION

Our vision is to make the transformation process faster.

OUR MISSION

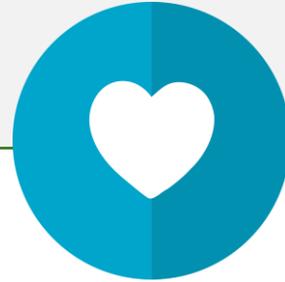
Our mission is a transformed and equitable South African society where every person has an equal opportunity to succeed in life.

The work we do is conducted in a spirit of reconciliation, and we honour the principles of fairness, openness, and generosity.



WHO

We are changemakers committed to realising South Africa's potential. Forward Foundation has its roots in 15 years of fuelling charitable and developmental projects, and is a consolidation of the nationbuilding work of brothers Le Roux and FC Conradie.



WHY

To see people flourish and to speed up the rectification of the social and economic disparity in our country. Our vision for South Africa is to move forward, faster.



WHAT

We drive growth through a range of innovative socioeconomic development programmes.

OUR PROGRAMMES

Physical education

Leadership development

Learnerships

Sport development

Project Raithby

Physical education: ECD Kinetix

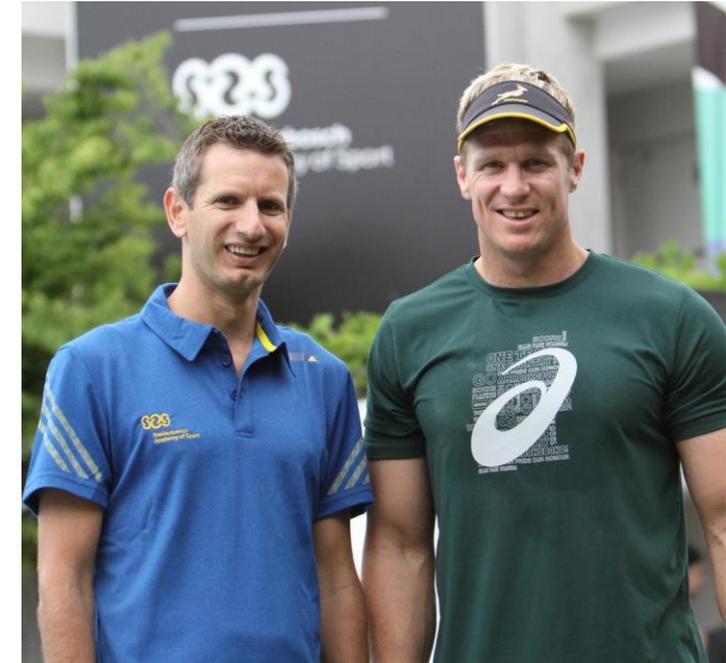


Physical education: ECD Kinetix

Our ECD (Early Childhood Development) Kinetix Programme is an integrated approach to training, supporting, and enabling ECD practitioners to confidently apply Kinderkinetics methods in their own learning environments.



Leadership development: Play 4 life





Leadership development: Play for Life

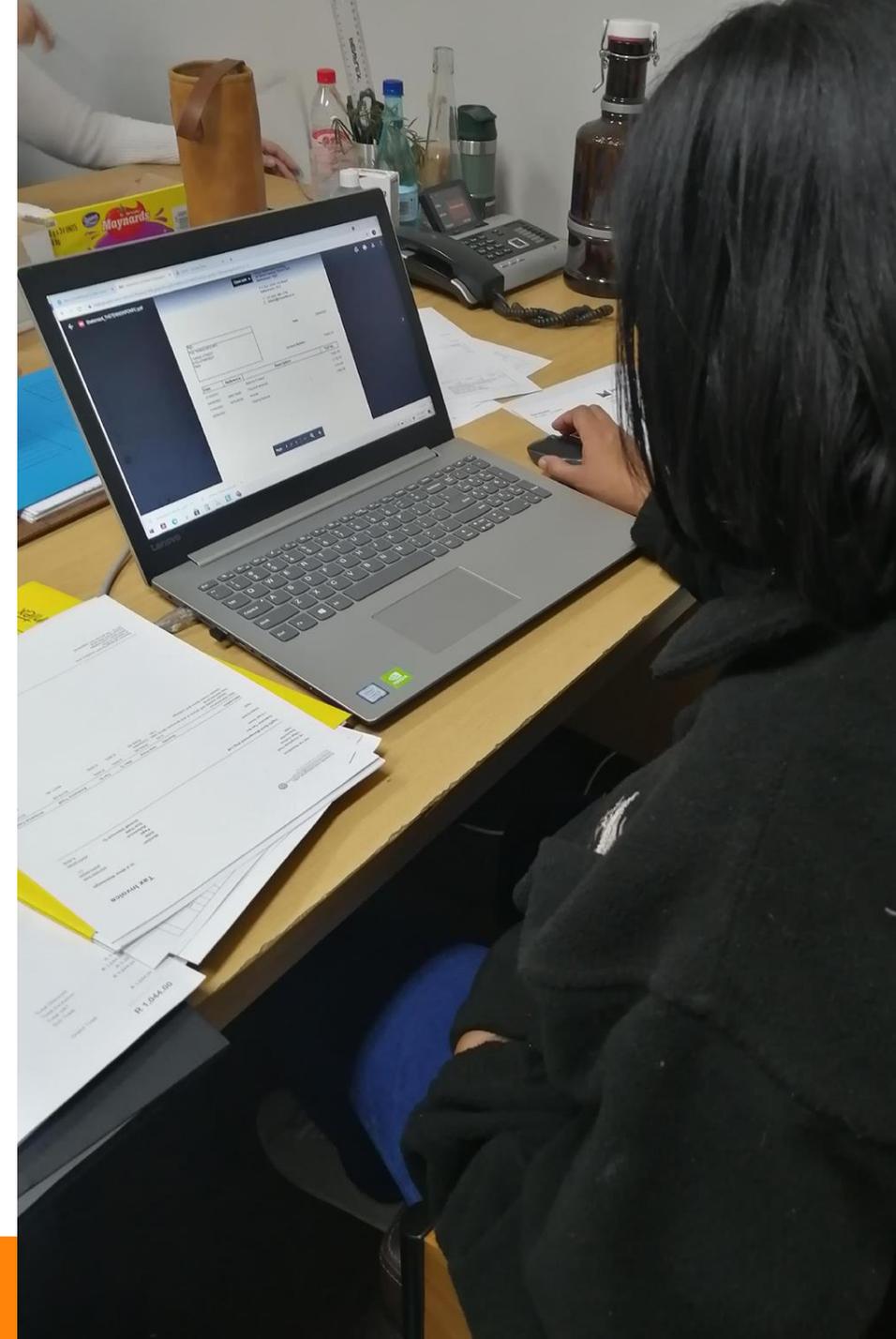
Our Play 4 Life Programme is a multi-faceted sport leadership development initiative focused on assisting stakeholders from underresourced schools to assist in their holistic development and wellbeing.

Learnerships



Learnerships

Our Learnerships offer training and career path development and are aimed at fast-tracking the individuals enrolled in the different skills programmes through both theoretical and practical on-the-job training.



GENDER-BASED VIOLENCE

Gender-based violence is a social problem that touches everyone. Although we do not have a programme directly focussed on this social crisis, we cover this issue integrally in all of our development interventions. This is done specifically through our Physical Education, Leadership and Learnership Programmes. The issue of gender-based violence is addressed with both the male and female children and youth that participate in our programmes. It is done in both a relational way through discussion, but also through the example of our various instructors, who focus on the respectful behaviour of males towards females.





Throughout all of our programmes we give beneficial participation opportunities to female children and youth. Sport and physical activity are traditionally seen as a more male activity, and we are actively trying to change this perception. Further to this objective of changing perceptions, we actively encourage female youth and children to not only participate in physical activities, but to pursue sport and physical health as a primary objective in their lives. Ultimately, we hope to develop female sport participation in terms of number of participants and quality of participation.

We are also very aware of our balance between male & female participants when taking in learners for our various skills programmes (learnerships).

Sport development: Touch rugby & Sevens Rugby



Sport Development

Our Sport Development programme is designed to help talented athletes from under-resourced communities to reach their sport potential and to grow their life skills and leadership abilities.



“Sevens rugby is a sport designed to break hearts. The emotional roller coaster reflects the ups and down of life. This is a very unique project providing incredible opportunities for the kids.”

Frankie Horne

(Former SA Sevens Player with a SA Sevens record of 68 consecutive tournaments)



Cecil Afrika

(Former SA Sevens Player)

“Sevens taught me about respect, discipline, diversity & humility”

“If you do the right things off the field then you will do the right things on the field.”

“The initiative with the kids will be something phenomenal and give them the opportunity to express themselves, develop their skills and learn valuable life lessons.”

“Sevens Rugby is the fastest growing sport in the Western Cape and it is exciting for the Ministry of Cultural Affairs and Sport to do projects with Caylix Sport.

Caylix Sport is dynamic & innovative and share our vision to strongly promote sevens rugby”



***Min. Anroux Marais
Minister of DCAS Western Cape***

Project Raithby



Project Raithby

Project Raithby encompasses an integrated sport, education, life skill and leadership development pathway for under-resourced children in Raithby and the surrounding areas.

We are combining all the Forward Foundation divisions, also adding the outdoor learning environment as well as a farming component, to establish a fully encompassing development pathway.

Development Pathway:

- Physical Education
- Sport Development
- Life skill & leadership development
- Educational support
- Outdoor learning environment
- Farming (process of growth)
- Learnerships & Internships
- Rugby Academy incl. academic component
- Playing & career opportunities
- Life after rugby (sport)

Why Project Raithby

The village of Raithby nestles in a valley at the foot of the beautiful Helderberg mountain.

Raithby is home to a small farming community, seldom visited by outsiders, situated between the towns of Somerset West and Stellenbosch just off the R44. An evangelical community for emancipated slaves, it was established by Yorkshire missionary Barnabas Shaw following the abolition of slavery at the Cape in 1834.

The land was subsequently rented to about 800 freed slaves so that they could work on the surrounding farms and use their spare time to cultivate their own plots. Many of the 600 descendants of the freed slaves still occupy the Raithby cottages in the town.

We want to tap into the rich history of this town and establish an academy and supporting projects that will add value to the community, make a huge difference to the children of the town, surrounding areas as well as farms. We want to set the benchmark of a pathway creating the next leaders of our country using sport for good.

“Raithby Primary School is older than Paul Roos Gimnasium with Stellenbosch being the second oldest town in South Africa”

Raithby Outdoor Learning Environment

Forward Foundation has secured land (through a partnership with the Raithby Methodist Church) to establish a unique outdoor learning environment.



Vision for the outdoor learning environment:

The vision for the establishment of the outdoor play and learning environment is framed within the Global Summit on Childhood: Goals for the decade 2012 - 2022, and highlights Pillar 4: creative play and physical activity, and Pillar 5: Appreciation and stewardship of the natural environment. Forward Foundation envisions to create child-friendly spaces in natural environments for children (ages 2 - 9 years) which fosters their holistic (physical, emotional, cognitive, spiritual and moral development) through risk-based play and outdoor learning opportunities.

The United Kingdom Forest School Association defines an outdoor learning as *an inspirational process that offers children, young people and adults' regular opportunities to achieve, develop confidence and self-esteem through hands-on regular learning experiences in a local woodland environment.* (UK Forest Schools 2002). Research shows that "direct, ongoing experiences of nature in relatively familiar settings remains a vital source for children's physical, emotional, and intellectual development" (Kellert, 2005:81). Outdoor learning develops children's resilience and subsequent confidence which is directly linked to their well-being and propensity to take risks and initiative, heightened levels of self-belief, positive attitude and independence (Greenfeld 2004; Declercq 2012). Outdoor learning involves movement and sensory stimulation which lead to the development of neural pathways which are crucial for children's learning readiness (Krog 2010).

Caylix Sport & Forward Foundation believes that outdoor risk-based play and learning environments enhances children's holistic development and prepares them to be responsible, resilient and compassionate citizens and change-makers in the world.



Skills & Outcomes of the outdoor learning environment

We aim to promote the following skills towards children's life-long learning:

- critical thinking
- dialogue
- communication
- participation, collaboration and cooperation
- problem-solving
- creativity
- Resilience

Skills & Outcomes of the outdoor learning environment

We value children from a strength-based perspective and the proposed environment envisions the following outcomes for children:

- see themselves as unique, diverse and competent
- be mindful and aware of their surroundings
- be aware of their own well-being and those of others
- explore & discover the world around them
- form collective identities with place
- experience appropriate risk and challenge
- make choices and initiate and drive their own learning and development
- experience regular success
- explore their imagination
- develop healthy relationships with peers and adults
- develop an understanding, awareness and appreciation for the environment

Junior Rugby & Adopt a Player

The Junior Rugby Academy and the Adopt a Player Initiative was established with the aim of identifying players from under resourced communities at a young enough age where you still have an impact on their personality development. We help them to dream big by broadening their horizons and teach them that there are more opportunities available than what they experience in their communities on a daily basis.

These players are identified through a talent ID process where we not only focus on raw talent, but also attitude, commitment, work ethic, etc. We have a strong holistic approach focusing on physical, rugby and life skills development as well as making sure their academics are a priority as well. We will use Raithby Primary School as our partner.

The younger you are encouraged and supported to physically develop the correct way, the greater your chance to reach your full potential on and off the field.

Healthy body, healthy mind mantra



Learning Areas & Values



Four Focus Areas:

- Create a great rugby environment (I want to play...)
- Upskilling coaches (I want to grow...)
- Growing the female game (I want to include...)
- Retaining players (I want to stay...)

Experiential Learning Principles:

- Honesty (Fairness)
- Thankfulness
- Unity
- Humility
- Respect
- Servanthood (Caring & Love)
- Fun

All of the above will be personified to how it impacts the individual, environment at home (and greater community) and the team they represent



Marithy Pienaar
(Former SA Women Sevens
Captain)

***“Becoming a professional rugby player has been my greatest achievement in life so far. It helped me to stand on my own two feet and I could even start to study.*”**

***The sport requires a lot of discipline and sacrifices and that build character. The sport teaches you to work hard, make tough decisions and follow through.*”**

***I believe that as many schools and kids as possible should be exposed to sevens, both boys & girls.*”**

Every child who gets the opportunity to partake in sevens could experience a change in their life. We have loads of talent in this country and exposure to the game is essential.”

“To make a difference is easy.

To make a difference consistently is challenging.”

Performance Rugby Academy

We aim to also establish an academy (ages 18 – 23) at the Raithby Rugby Club where the Junior Players we supported during high school will join us again and the academy will also be open to other applicants based on a specific criteria.

These players will be part of a performance rugby academy where they will also follow an academic program (*Learnerships*) and be part of weekly mentoring sessions (*Play for Life*).

The players will play club rugby for the Raithby Rugby Club, be part of the Score Forward Legends Touch & Sevens Rugby Teams and be able to qualify to play for Rhinos Rugby USA in invitational tournaments across the world.



Life beyond Rugby

We hope to have provided a very strong platform for the players as many of them would have been part of the system/process for around 10 years.

They should have learned the necessary skills and obtained some level of qualification to help them transgress into “life beyond rugby” much easier.

When they move into “life beyond rugby” will depend on how successful they were in rugby and we will have various levels of support dependent in which transgression phase they are.

TOURNAMENTS & EVENTS

We will have a variety of tournaments & events through the course of each year comprising of the following:

- Holiday Camps & Clinics (Physical Education as well as sport specific)
- U13 Sevens Rugby Tournaments
- Invitational Sevens/Tens Rugby Tournaments
- Farm Sevens Rugby Tournaments
- Touch Rugby Tournaments





CONCLUSION

We thank you for considering this proposal. We look forward to your response and for the possibility/opportunity to work with you to impact, add value and create opportunities for the leaders of tomorrow.

Thank you!